# PARISH OF WEST MORAY - KINLOSS - SUNDAY - 16th MARCH 2025

### Welcome & Call to Worship

### Hymn - MP 143 - Fight the good fight

- Fight the good fight with all thy might;
   Christ is thy strength, and Christ thy right.
   Lay hold on life, and it shall be thy joy and crown eternally.
- Run the straight race through God's good grace, lift up thine eyes, and seek His face; life with its path before thee lies; Christ is the way, and Christ the prize.
  - 3. Cast care aside, lean on thy guide, His boundless mercy will provide; lean, and thy trusting soul shall prove Christ is thy life, and Christ thy love.
  - 4. Faint not, nor fear, His arm is near, He changeth not, and thou art dear; only believe, and thou shalt see that Christ is all-in-all to thee.

## Hymn – MP 760 - When we walk with the Lord

- 1. When we walk with the Lord in the light of His word, what a glory He sheds on our way! While we do His good will, He abides with us still, and with all who will trust and obey.

  Trust and obey, for there's no other way to be happy in Jesus, but to trust and obey
  - 2. Not a shadow can rise, not a cloud in the skies, but His smile quickly drives it away; not a doubt nor a fear, not a sigh nor a tear, can abide while we trust and obey. Trust and obey, .....
  - 3. Not a burden we bear, not a sorrow we share, but our toil He doth richly repay; not a grief nor a loss, not a frown nor a cross, but is blest if we trust and obey. *Trust and obey, ....*
- 4. But we never can prove the delights of His love, until all on the altar we lay; for the favour He shows, and the joy He bestows are for them who will trust and obey. Trust and obey, ....
- 5. Then in fellowship sweet,
  we will sit at His feet,
  or we'll walk by His side in the way.
  What He says we will do,
  where He sends we will go,
  never fear, only trust and obey.
  Trust and obey, ...

Reading: Ephesians 4: 17 - 32 - 17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. <sup>18</sup> They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed. <sup>20</sup> That, however, is not the way of life you learned 21 when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. <sup>22</sup> You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness. <sup>25</sup> Therefore each of you must put off falsehood and speak truthfully to your neighbour, for we are all members of one body. <sup>26</sup> "In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold. 28 Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need. <sup>29</sup> Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

#### Hymn - MP 160 - Forty days and forty nights

1.Forty days and forty nights Thou wast fasting in the wild; forty days and forty nights, tempted, and yet undefiled.

- Sunbeams scorching all the day, chilly dew-drops nightly shed, prowling beasts about Thy way, stones Thy pillow, earth Thy bed.
  - 3. Let us Thy endurance share and from earthly greed abstain, with Thee watching into prayer, with Thee strong to suffer pain.
    - 4. Then, if evil on us press, flesh or spirit to assail, victor in the wilderness, may we never faint nor fail!
- So shall peace divine be ours; holier gladness ours shall be; come to us angelic powers, such as ministered to Thee.

Prayer

Sermon

Prayer

(Continued overleaf)

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### Hymn - MP 115 - Do not be afraid

Do not be afraid, for I have redeemed you. I have called you by your name; you are Mine.

- When you walk through the waters I'll be with you; you will never sink beneath the waves.

   Do not be afraid,
   for I have redeemed you.
   I have called you by your name;
   you are Mine.
  - 2. When the fire is burning all around you, you will never be consumed by the flames.

    Do not be afraid,
    for I have redeemed you.
    I have called you by your name;
    you are Mine.
  - 3. When the fear of loneliness is looming, then remember that I am by your side.

    Do not be afraid,
    for I have redeemed you.
    I have called you by your name;
    you are Mine.
  - 4. When you dwell in the exile of the stranger, remember you are precious in My eyes.

    Do not be afraid,
    for I have redeemed you.
    I have called you by your name;
    you are Mine.
  - 5. You are Mine, O My child; I am your Father, and I love you with a perfect love.

    Do not be afraid,
    for I have redeemed you.
    I have called you by your name;
    you are Mine.

#### Dedication of the Offering

## Hymn - MP 73 - Christ is made the sure foundation

- Christ is made the sure foundation, Christ the head and cornerstone chosen of the Lord and precious, binding all the Church in one; holy Zion's help for ever, and her confidence alone.
  - All within that holy city
    dearly loved of God on high,
     in exultant jubilation
     sing in perfect harmony;
    God the One-in-Three adoring
     in glad hymns eternally
- We as living stones invoke you: come among us, Lord, today!
   With Your gracious loving-kindness hear Your children as we pray; and the fulness of Your blessing in our fellowship display.

- 4. Here entrust to all Your servants what we long from You to gain that on earth and in the heavens we one people shall remain, till united in your glory evermore with You we reign.
- 5. Praise and honour to the Father, praise and honour to the Son, praise and honour to the Spirit, ever Three and ever One: one in power and one in glory while eternal ages run.

#### Benediction & Amen

#### Hymn - MP 460 - May God's blessing

May God's blessing surround you each day, as you trust Him and walk in His way. May His presence within guard and keep you from sin, go in peace, go in joy, go in love.